

Daniel Spandau

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To: drrossi@bellsouth.net
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Rotary Club of Boca Raton Sunrise
Rise and Shine News
August 28, 2008



Gooooooooooooooooooooood Morning Boca Raton Sunrise Rotary Club, and what a good morning it was.



President Jeff called the meeting to order and Danny led us in prayer. As always, we had wonderful entertainment as Steve tickled the ivories. Steve is looking for someone to accompany him; perhaps one of ladies would like to put on an evening gown, lounge on the piano and belt out a few tunes...any takers? Anyway, on to the meeting.

Happy dollars...there were lots of them but due to poor hearing on my part and the lack of a working microphone...well, let's just say I'll do my best. When I was young not a single person I knew had ever been told that they were from a dysfunctional family. How could we possibly have known that?

We needed to get into group therapy and anger management classes? We were obviously so duped by so many societal ills that we didn't even notice that the entire country wasn't taking Prozac!

How did we ever survive? Yes but we were happy which leads me to happy dollars.

Dan Spandau was happy. Stan Civil was happy about something to do with rugby...Perhaps South Africa won a match??? Gary was happy for his 10th wedding anniversary. Andy Petry was happy about his son's 10th birthday party and Marlin and football tickets. Zee was happy because he had spoken with Ed Rowan and Lorie is responding well to treatment. Now that is something we can all be happy about. Tim Sharp is happy because he can start working on the "dictionary project." Not half as happy as I am (Christine) because he gets to do this and not me!!!! Sandy B and Rick Celestino were both happy. Rick had a guest with him who was a Paul Harris Member of our club.

Announcements: (I have no idea why this is in bold type and I have no idea how to stop it, so bear with me) President Jeff announced that we have reached an agreement with the Country Club of BR and we will be meeting here every week with no interruptions. Way to go Jeff! David Starr reminded us that bingo night is October 4. Anita Parial is in charge of prizes, so let's help her out and get some great give-a-ways. David and Cindy were meeting with COSTCO and a pizza place to try and get the food donated. Anyone who can help with their endeavor is asked

to get in touch with David.

Andy Petry asked that we all remember to bring in our non perishable foods to be distributed to local food banks. Bring in your canned goods every Thursday in the month of September. Andy also reminded us all that the Foundation Board (remember that each and every one of us is a member of the foundation so even if you are not on the board, you are encouraged to attend the meetings) I digress again, cannot help myself...anyway the meeting is this Thursday after our meeting so be there if you can. The current members of the foundation board are Andy Petry, Zee Aganovic, Jeff Schildkraut, Kris Sudan, Stan Fertel, Fran Barbieri and Rick Celestino. If I missed anyone, blame it on someone else!

Guest speakers: GOING GREEN was the theme. We had the honor of hearing two of our own members speak to us about going green with regard to their own business expertise.

My own advice on going green...buy fewer pairs of shoes...just checking to see if you are still reading: When we were young:

We all took gym, not PE .. and risked permanent injury with a pair of high top Ked's (only worn in gym) instead of having cross-training athletic shoes with air cushion soles and built in light reflectors. I can't recall any injuries but they must have happened because they tell us how much safer we are now.



Tim Aman gave a wonderful talk about going green with air conditioning. His first bit of advice was "turn off the AC and open up the windows." After that he spoke about how refrigerant #22 is currently being used and to be phased out by 2010. By 2010 #22 production will be reduced by 75% and there will be no new production. What does this mean to you and me? Well as best I can describe it, we have 2 boxes that comprise our AC systems. If one or the other gives out it might be better to replace both boxes with an environmentally friendly @410 system because not only is more environmentally friendly, but it is the wave of the future. Freon will become VERY expensive (overheard from certain brokers in the house "Wow, I wish I would have known. I would have bought Freon and put it in my garage. It would be my kid's college fund. You know who u are!) FPL does give rebates for systems that are 13 SEER or above. SEER (system energy efficiency

Tim gave us one final piece of advice. Tim told us all that the most important thing we could do to increase the efficiency of our air conditioning systems and lower our electric bills was to change our filters once a month. Clean filters keep the coils clean and that in turn keeps the system running colder and better. (Tim...I did my best with this! Feel free to run a rebuttal.)



Phil Croyle was our second speaker of the day. Phil spoke to us about fuel economy (not for formula one driving but for every day) and gave us some easy every day solutions to keep costs down and more importantly, gasoline consumption down. Phil reminded us that even though politicians criticize the statement that "keeping your tire pressure at the correct number will help conserve gas" it is true. Phil also reminded us that the more oil we do not have to purchase from foreign sources, the safer we will be at home. (Ken, was that a positive way to phrase it?) Just seeing if anyone is still reading. Phil had three main points to

drive home with us (pardon the pun) 1. All of us should switch to 87 octane fuel unless our car manufacturer says REQUIRED for a higher octane. 2. Slow down not just especially during acceleration. Most of us do not need to go from 0 to 60 in 5 seconds. 3. Last but not least and very important....check your tire pressure often. Proper tire pressure can save between 1 and 3 % of all of the gasoline consumed by Americans. Phil told of his exciting life filling up his wife's BMW. Apparently in a direct opposite of what he does on the race track, Phil goes slow to see just how far he can go in his wife's car to fill it up to see how many miles he can squeeze out of that final gallon of gas.

Once again, thanks for staying with me. I have done my best. I have tried repeatedly to get this thing not to be in bold, but so far, no luck.

Until next week Goodnight and good luck!

This week's meeting will be a Club Assembly. Make sure all the directors can give a report. Beatriz Da Rocha will be sharing some of her pictures from Brazil. The meeting should be lively and interesting.

Make sure you invite friends to the September 11th meeting. Our special guest speaker will be Milton Goldstein from New York. Milton is a former Rotarian and was present at Ground Zero in N.Y.C. on September 11, 2001. He has slides and has given this presentation to other Rotary Clubs.

I was going to insert an article from the Rotary International Website, but at the time of putting together this newsletter, the RI website was down and under construction....So instead I found a little humor.. Read on.

BELIEVE it or not , These are Nashville , TN 's REAL 911 Calls!

Dispatcher : 9-1-1 What is your emergency?

Caller: I heard what sounded like gunshots coming from the brown house on the corner.

Dispatcher: Do you have an address?

Caller: No, I have on a blouse and slacks, why?

Dispatcher: 9-1-1 What is your emergency?

Caller : Someone broke into my house and took a bite out of my ham and cheese sandwich .

Dispatcher : Excuse me?

Caller : I made a ham and cheese sandwich and left it on the kitchen table and when I came back from the bathroom, someone had taken a bite out of it.

Dispatcher : Was anything else taken?

Caller : No, but this has happened to me before and I'm sick and tired of it!

Dispatcher: 9-1-1 What is the nature of your emergency?

Caller: I'm trying to reach nine eleven but my phone doesn't have an eleven on it.

Dispatcher: This is nine eleven.

Caller: I thought you just said it was nine-one-one

Dispatcher: Yes, ma'am nine-one-one and nine-eleven are the same thing.

Caller: Honey, I may be old, but I'm not stupid.

My Personal Favorite!!!

Dispatcher: 9-1-1 What's the nature of your emergency?

Caller: My wife is pregnant and her contractions are only two minutes apart

Dispatcher: Is this her first child?

Caller: No, you idiot! This is her husband!

And the winner is.....

Dispatcher: 9-1-1

Caller: Yeah, I'm having trouble breathing. I'm all out of breath. Darn....I think I'm going to pass out.

Dispatcher: Sir, where are you calling from?

Caller: I'm at a pay phone. North and Foster.

Dispatcher: ! Sir, an ambulance is on the way. Are you an asthmatic?

Caller: No

Dispatcher: What were you doing before you started having trouble breathing?

Caller: Running from the Police.

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